

Mochi Hand-Pounding, Tasting & New Year's Potluck

Florin's "Mochi Madness Workshop!" Sun. Jan 3rd

A fun, taste-tempting Japanese American New Year's tradition awaits friends and families at Florin's "Mochi Madness VIII" Hand-Pounding Workshop, Treat Tasting, and New Year's Potluck. Come rain or shine **Sunday, January 3rd** from 10 am to 12 noon (**potluck following 12-2pm**) at the **Buddhist Church of Florin** at 7235 Pritchard Road (off of Florin Rd near the railroad tracks).

Check out John Onate's neat YouTube video: <https://www.youtube.com/watch?v=2KUIZzvX8M0>

Sponsored by the **Buddhist Church of Florin, Buddhist Women's Association (BWA), and Florin JACL**, it's free to members plus ages 5 and under. \$5 fee for non-members to help cover supplies. **Please RSVP by December 30th by email to: florinjacl5@outlook.com**

Mochi (sweet rice cake) Treats:

Popular in Asian countries, mochi symbolizes **strength** and a **prosperous New Year**. Check out New Year's treats - **hot ozoni** and **zenzai sweet red bean soup!** How about "an", kinako, shoyu sugar, daikon oroshi, or chocolate mochi? (Plenty of tasting samples, but no mochi sales.)

We'll be making it "old school" like families on the farm - pounding with **huge wooden mallets** (kine) in a **stone mortar** (usu) after cooking in **wooden steamers** (seiro). Be ready to pound, shape, make, and taste! Learn how to make mochi, traditional dishes, and pick up some scrumptious Asian mochi recipes sent to your email.

Potluck Social: People should bring a dish to share based on last name:

- **Letters A – U:** Salads, veggies, cold side dishes, nigiri rice, etc.
- **Letters V - Z:** Desserts (besides mochi), snacks, etc.
- **Main Dishes:** Committee members and Volunteers are invited to bring main dishes. Ovens are available to heat items. Please let us know what you're bringing.

Volunteer Helpers Needed: This is hands-on so please let us know if you can volunteer:

- **If you are an experienced mochi-pounder, turner, cutter, or maker, we need your help!**
1. **9:00 am: Setup** of tables, chairs, condiments, drinks, mochi treat tasting areas, and registration table.
 2. **10:00 am – 12:00 pm (approx)** Dozens of mochi pounders, cutters, makers, and treat tasting helpers.
 3. **12:00 – 2 pm Potluck Social:** Catch up with friends and enjoy the food.
 4. **2:00 – 3 pm: Clean up** mochi equipment and facility (All helpers). (Bring warm clothes & apron)

Florin JACL Website: www.florinjacl.com Facebook Page: [Facebook.com/FlorinJACL](https://www.facebook.com/FlorinJACL)
Buddhist Church of Florin Facebook Page: [Facebook.com/florinbuddhist](https://www.facebook.com/florinbuddhist)

